

This question paper contains 2 printed pages]

Roll No.

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S. No. of Question Paper : **8036**

Unique Paper Code : **2551202**

**F-II**

Name of the Paper : **Game of Specialization : Athletics (DC-1.4)**

Name of the Course : **B.P.Ed.**

Semester : **II**

Duration : **3 Hours**

Maximum Marks : **75**

*(Write your Roll No. on the top immediately on receipt of this question paper.)*

Attempt any *three* questions from Part I. Each question carries **5** marks.

Attempt any *three* questions from Part II. Each question carries **20** marks.

### **PART I**

1. Write *five* functions of Athletic Federation of India.
2. Name *five* different types of tracks in light of surfaces.
3. Write the motor components required for 100 mts. runner.
4. Write the name of the officials required for conduct of Long Jump.
5. Name *five* different motor components.

P.T.O.

**PART II**

6. Write in detail historical development of Athletics in India.
7. Draw a neat and labelled diagram of Javelin Throw Sector.
8. Name and write in detail different kind of starts used in sprints.
9. Write in detail how to conduct Long Jump competition.
10. What is Periodisation ? Explain in detail different types of Periodisation.