

This question paper contains 2 printed pages]

Roll No.

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S. No. of Question Paper : 8044

Unique Paper Code : 2551210

F-II

Name of the Paper : Game of Specialisation : Judo (DC-1.4)

Name of the Course : B.P.Ed.

Semester : II

Duration : 3 Hours

Maximum Marks : 75

(Write your Roll No. on the top immediately on receipt of this question paper.)

Attempt any *three* questions from Part A (Each question carries 5 marks).

Attempt any *three* questions from Part B (Each question carries 20 marks).

PART A

1. Give an introduction of JFI and IJF. 5
2. Write a note on grading system in Judo. 5
3. Define and explain the methods of cooling down in Judo training. 5
4. Define fractures with suitable examples. 5
5. Discuss on latest changes in rules and regulations in regard to Judo scoring. 5

P.T.O.

PART B

6. Give an introduction to Judo technique classification. 20
7. Discuss on technical preparation for Judo players. 20
8. Explain different types of supplementary exercises for Judo players. 20
9. Write a note on common injuries of Judo. 20
10. Explain the conditions to award Wazaari. 20