

Roll No.

S. No. of Question Paper:.....

Unique Paper Code:

Name of the Paper: **Developing Emotional Competence**

Name of the Course: **B. A. Programme**

Semester : **SEM-III**

8147

62116908

Psychology (SEC)

GC

Duration: **3 Hours**

Maximum Marks: **75**

(Write your Roll No. on the top immediately on receipt of this question paper.)

Note: Answers may be written either in English or in Hindi; but the same medium should be used throughout the paper.

Attempt all four questions.

Q1.

- a) **What is social or interpersonal intelligence? How is it distinct from emotional intelligence? Elaborate on the concept and discuss its components with suitable example** (5+5+5)

OR

- b) **Why is the construct of intelligence or IQ considered as an inadequate indicator of one's success in life? How does the concept of emotional intelligence or EQ help in rectifying this inadequacy? Discuss with suitable example/case study.** (5+5+5)

Q2.

- a) **Discuss the Indian model of emotional intelligence as put forth by Dalip Singh and others. What are its components? Why do the authors refer to it as a 'theory of personality' as opposed to Goleman's use of 'theory of performance'?** (7+5+3)

OR

- b) Discuss R. Boyatzis et al. (2000) model of emotional intelligence competencies. Out of the four clusters, elaborate on any two and discuss the competencies grouped within them. (7+8)

Q3.

- a) What is empathy and why it is considered an essential emotional competence? Discuss the centrality of childhood experiences in learning skills associated with empathy. (10+5)

OR

- b) What is the link between effective leadership and emotional intelligence? What are some essential social skills that contribute to making successful leaders? Discuss any two with examples. (7+8)

Q4 Write short notes on any four of the following. (7.5x4)

- a) Self- awareness
- b) Role of EI in conflict management
- c) Emotional relearning
- d) Gender differences in emotional intelligence
- e) Self-regulation
- f) Motivation
- g) Non-defensive listening and speaking
- h) Bullying, aggression and their link to emotions.